



nest

*What works for kids*

## How to add a program practice or tool to the website

Anyone can add a program, practice or tool to the *Nest What works for kids* database through a number of simple steps, which are detailed in the User Guide. Final publication on the website is subject to an assessment and review process. No record is published, or accessible to others via the website, until it has been through the assessment and rating process and consent for publication is given by the program owner.

### Adding a record

1. Join the website and accept the terms and conditions to add any information
2. Go to MANAGE PROGRAMS and you will be given a screen that asks you to add a program
3. Clicking on ADD A PROGRAM will bring up an online form for you to complete. The form does not have to be completed in one session and has 12 pages (Tabs on the left hand side of the screen).
4. Comments can be entered at the bottom of the screen with any queries to be followed up by ARACY staff.
5. Once the form is completed click on SAVE and then SUBMIT FOR REVIEW, remember you can save this as a draft at any stage and come back to it.
6. It is essential that the person completing the record acknowledges that they have the authority to do so in Question 1.4.

The process allows for updates and changes to program information / rating over time as new information and evidence emerges; or in response to changes in program name / status, such as changes in program owner / program focus. An audit trail is kept by the system of all changes to records by whom and when.

Below is a detailed description of the format, fields and assessment process that will help you to fill out the record.

Below is a screenshot of tab 03 Focus & Aims to give an example and show some basic features.

HOME > ADD CONTENT

# Create Program/Practice/Tool

The form you are about to complete is designed to be as user friendly as possible. Please note that the record form collects information on the same basis for a program, practice or tool.

Some terminology may need further explanation. For more information click [here](#).

**01 INFORMATION**

**02 OVERVIEW**

**03 FOCUS & AIMS**

**04 MODEL**

**05 CLIENTS**

**06 TRAINING REQUIREMENTS**

**07 DELIVERY**

**08 LOCATION & SCALABILITY**

**09 RESOURCES**

**10 COSTS & BENEFITS**

**11 EVIDENCE & OUTCOMES**

**12 REFERENCES**

### 3.1. FOCUS OF PROGRAM/PRACTICE/TOOL

Which area(s) of child, youth and family wellbeing is the program/practice or tool mainly concerned with?

- Child protection
- Community connectedness
- Early childhood care and education
- Educational attainment
- Family support
- Parental support
- School engagement
- Youth justice
- Child health
- Maternal and child health
- Mental health
- Other (please specify)

#### 3.1.1. PROGRAM FOCUS - OTHER

### 3.2. AIMS / INTENDED OUTCOMES

What does it aim to achieve? (e.g. "to prevent child abuse" / "to increase engagement with school") Describe in terms of the intended outcomes.

The aim is.....

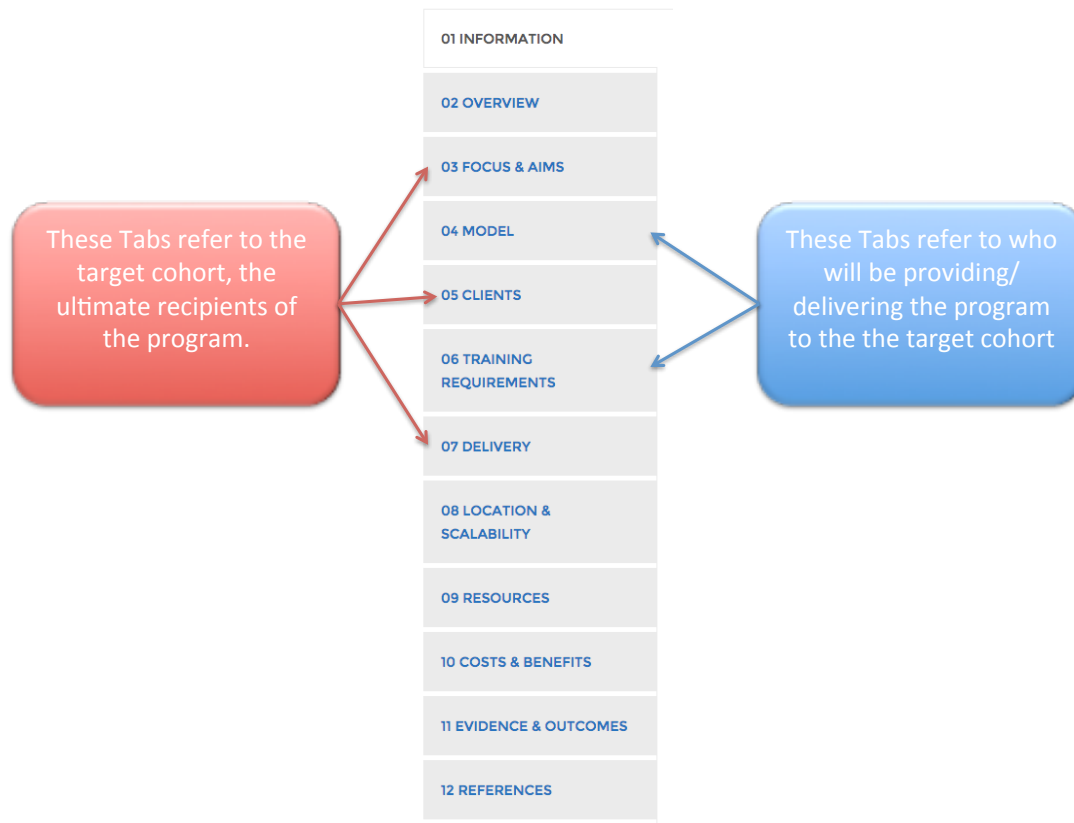
These are the Tabs (currently highlighted tab 3)

Questions will come in four basic forms, text boxes, drop downs, check boxes and radio boxes (which only allow one response).

This is an example of a check box. Note you can check multiple responses and when you click other a text box will appear for you to fill out.

## Record Design Overview

Throughout the record you will be asked questions that refer to both the target cohort and those who will be providing the program, the illustration below shows this distinction.



Tabs **03 FOCUS & AIMS**, **CLIENTS** and **07 DELIVERY** refer to the information about the target cohort, that is those who receive the program.

Information under tabs **04 MODEL** and **06 TRAINING REQUIREMENTS** refers to those who deliver the program to the target cohort.

## Description of Key Fields

Below we have listed some key fields that we feel may need further clarification to assist you in completing the record.

TAB	QUESTION
<b>01 INFORMATION</b>	1.1. NAME OF PROGRAM/PRACTICE/TOOL 1.2. TYPE
<b>02 OVERVIEW</b>	2.1. DESCRIPTION 2.10 WHAT LANGUAGES CAN IT BE DELIVERED IN? *
These are the only compulsory questions.	
<b>03 FOCUS &amp; AIMS</b>	3.3. WHICH OF THESE AUSTRALIAN INSTITUTE OF HEALTH AND WELFARE (AIHW) NATIONAL HEADLINE INDICATORS DOES IT AIM TO ADDRESS?
<b>11 EVIDENCE &amp; OUTCOMES</b>	11.3. EVIDENCE STANDARD 11.4. ASSESSMENT NOTES
These are ARACY only fields and cannot be edited.	
<b>06 TRAINING REQUIREMENTS</b>	6.1. WHO DELIVERS THE PROGRAM/PRACTICE/TOOL? 6.2. MINIMUM DELIVERY AGENT QUALIFICATIONS
These questions are based on Australian standards, if possible please try and map your information to the equivalent description.	
<b>07 DELIVERY</b>	7.1. PLEASE DESCRIBE WHAT IS DELIVERED TO THE TARGET COHORT? 7.2. WHAT IS THE RECOMMENDED INTENSITY FOR EACH OF THE TARGET COHORTS? 7.3. OVER WHAT PERIOD DOES THE TARGET COHORT PARTICIPATE?
Please fill out these questions for each of the target cohorts. E.g. if your program is aimed at children and parents please show what is delivered, in what intensity and for what period for both children and parents (both target cohorts).	
<b>10 COST &amp; BENEFITS</b>	10.1. SETUP COSTS 10.2. ONGOING COSTS
Indicative costing is fine, you may put the website address to the costing on your program if you would like (at this stage you will not be able to insert a hyperlink).	

TAB	QUESTION
<b>11 EVIDENCE &amp; OUTCOMES</b>	11.5. NEST PRIORITY DIRECTIONS 11.6. NEST OUTCOMES

The Australian Research Alliance for Children and Youth (ARACY) has developed *The Nest* as a framework to encourage collaborative action to improve the health and wellbeing of all Australian children and young people.

The record includes fields that reflect *The Nest* priority directions and outcomes.

Priority directions	Outcomes	Young people have a positive sense of culture and identity
Improving early childhood learning and development	Young people are loved and valued	
Improving the educational performance of young Australians	Young people are healthy	
Improving the physical health of young Australians	Young people are safe and supported	
Improving the social and emotional wellbeing of young Australians	Young people are learning and developing	
Promoting the participation of young Australians	Young people are contributing	
Reducing disadvantage arising from income disparity.	Young people are achieving material basics.	

Please map these against your Program/Practice/Tool as you feel is appropriate. If you want to learn more about *the nest* go to <http://www.aracy.org.au/projects/the-nest>.

## Assessment and rating

Once the record has been submitted for review it is assigned to expert reviewers for assessment against an Evidence Standard. The record is then assigned a rating which will be added to the record. Once this has been completed it will be published on the website. The program author on the website will be kept advised as to the progress of the assessment, any issues that arise in the assessment and the outcome of the assessment.

ARACY is currently developing the Evidence Standard with the assistance of an expert reference group. This will be finalised during 2015 and more information will be provided as it becomes available.

The Evidence Standard will involve assessment of a submitted program, practice or tool against five main dimensions (or main criteria). The first four are adapted from the UK-based Social Research Unit (SRU) 'What Works' standards and a new fifth dimension has been added, as follows:

1. Evaluation quality
2. Intervention impacts
3. Intervention specificity
4. Implementation readiness
5. Context relevance

The 'context relevance' dimension aims to incorporate assessment of the relevance of an intervention to the Australian context, including cultural / population considerations.

Figure 1: Summary of process for the rating and validation of program/practice/tool information

